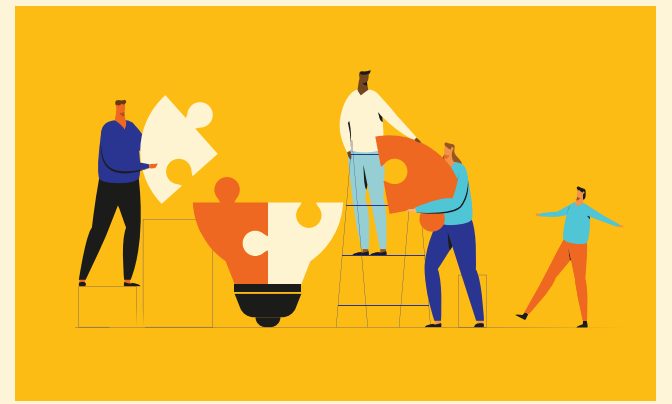


Tools to better understand each other and cultivate harmony



Day 3

Your challenge today

Ask yourself the following question:

“Have I ever used any of these steps to resolve a conflict?”

CONFLICT RESOLUTION

It's normal for conflict and tensions to arise within families and among others around us. Properly managed, however, they help our relationships develop in a positive way.

4 SIMPLE STEPS TO RESOLVE MY CONFLICTS PEACEFULLY



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Psst! That would look great on the fridge. **Click here to print.**

What if the next challenge proposed a little game in order for you to get to know yourself better in a situation with strong emotions?

About us:

Institut Pacifique is a charity organization devoted to develop, implement and promote expertise in terms of conflict resolution and psychosocial preventive issues in order to build violence free living environments and to support children, youths and adults psychosocial fulfilments.

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