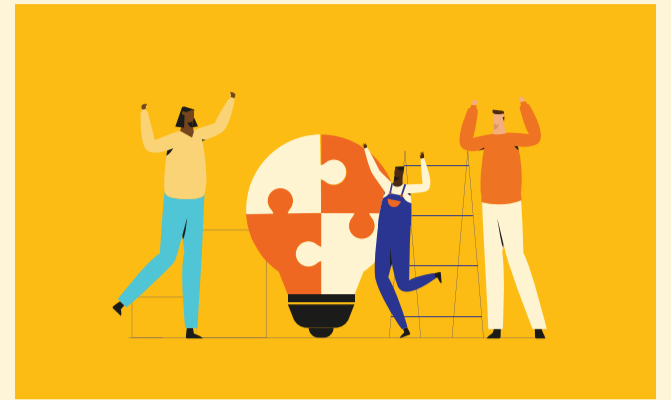


Tools to better understand each other and cultivate harmony



Day 21

Your challenge today

Identify two important lessons you've learned over the past 21 days.

CONGRATULATIONS, YOU DID IT!

The 21-Day Challenge ends today. It's time to celebrate your perseverance and determination throughout the challenge! We congratulate you for the energy and effort you've put into promoting harmony within your family and community. We wish you wonderful moments of communication with your loved ones, peaceful conflict resolutions and, above all, fun and happiness!

Psst! Don't hesitate to consult the publications again if needed!

[Click here to see credits](#)

About us:

Institut Pacifique is a charity organization devoted to develop, implement and promote expertise in terms of conflict resolution and psychosocial preventive issues in order to build violence free living environments and to support children, youths and adults psychosocial fulfilments.

To contact us:

2901 Gouin Est boul,
Montréal (Québec), H2BTY3
T. 514 598-1622
Email: info@institutpacifique.com
Website: institutpacifique.com