

Tools to better understand each other and cultivate harmony











Day 18

Your challenge today

Assess the advantages and disadvantages of using mediation or the justice system by consulting this table.

BOARD ADVANTAGES AND DISADVANTAGES

	COURT PROCESS (Lawsuit, formal notice, housing authority, calling the police, etc.)	MEDIATION
Costs	\$\$\$	\$
Deadlines		
Opportunity to express yourself about what you've experienced		
Opportunity to be heard and understood		
Opportunity to influence how the conflict is resolved		

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What would conflict resolution look like should you chose to use mediation? We'll show you tomorrow!

About us:

Institut Pacifique is a charity organization devoted to develop, implement and promote expertise in terms of conflict resolution and psychosocial preventive issues in order to build violence free living environments and to support children, youths and adults psychosocial fulfilments.

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