

Tools to better understand each other and cultivate harmony



Day 17

## Your challenge today

Discover the definition of mediation by using the words at the bottom of the picture to fill in the blanks.

Mediation is a \_\_\_\_\_, \_\_\_\_\_ process, during which an impartial facilitator, the mediator, \_\_\_\_\_ the parties in the resolution of their conflict. The mediator encourages them to \_\_\_\_\_ as effectively possible to eventually obtain a better \_\_\_\_\_ of the problem and helps them \_\_\_\_\_ for solutions in order to reach an agreement.

**search communicate voluntary  
understanding confidential supports**

[Click here for the answer](#)



**What if the next challenge teaches you a little more about the benefits of mediation?**

### About us:

Institut Pacifique is a charity organization devoted to develop, implement and promote expertise in terms of conflict resolution and psychosocial preventive issues in order to build violence free living environments and to support children, youths and adults psychosocial fulfilments.

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