21 Days Challenge



Tools to better understand each other and cultivate harmony



Day 16

Your challenge today

Take this short quiz on mediation!

Click here to answer the quiz

Are you ready to test your knowledge of mediation?

About us:

Institut Pacifique is a charity organization devoted to develop, implement and promote expertise in terms of conflict resolution and psychosocial preventive issues in order to build violence free living environments and to support children, youths and adults psychosocial fulfilments.

To contact us:

2901 Gouin Est boul, Montréal (Québec), H2BTY3 T. 514 598-1622

Email: info@institutpacifique.com
Website: institutpacifique.com