

Tools to better understand each other and cultivate harmony



Day 13

## Your challenge today

Watch the video, and identify the elements needed to create your availability zone for the next conflict resolution in your family environment.

**Click to see the video**  
*Tips and Techniques: Availability Zone*

**What if the next challenge shed some light on the impacts of certain behaviors in conflict situations?**

### About us:

Institut Pacifique is a charity organization devoted to develop, implement and promote expertise in terms of conflict resolution and psychosocial preventive issues in order to build violence free living environments and to support children, youths and adults psychosocial fulfilments.

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